

Pre/Postnatal March 2026 Webinars/Workshops

In-person Programs or Zoom Webinars (please email to maria.santos-findlay@tngcs.org for zoom link)

Monday	Tuesday	Wednesday	Thursday
<p>2 Jane/Finch Mall OEYC 1911 Finch Avenue West <i>Child Development</i> 1:00 PM – 3:00 PM</p>	<p>3 East York Online Webinar <i>Sexual Health</i> 1:00 PM - 2:30 PM</p> <p>Regent Park OEYC 38 Regent Street <i>Immunization</i> 12:30 PM - 3:30 PM</p>	<p>4 Four Villages CHC 3446 Dundas St West <i>Kids & Managing Stress</i> 9:30 AM - 11:30 AM or 1:30 PM – 3:30 PM</p> <p>East York 3079 Danforth Road <i>Prenatal Care</i> 1:00 PM - 2:30 PM</p>	<p>5 St. James Town 200 Wellesley Street East <i>Discomforts during Pregnancy</i> 1:00 PM - 3:00 PM</p> <p>Parkdale Queen West Webinar <i>Q & A with Nurse</i> 1:30 PM - 3:30 PM</p> <p>Bathurst/Finch Unison Hub 540 Finch Avenue West <i>Child Development</i> 10:00 AM - 12:00 PM</p>
<p>9 Jane/Finch Mall OEYC 1911 Finch Avenue West <i>Prenatal Nutrition</i> 1:00 PM - 3:00 PM</p>	<p>10 East York Online Webinar <i>Dietary Management of Common Pregnancy Symptoms</i> 1:00 PM - 2:30 PM</p> <p>Regent Park OEYC 38 Regent Street <i>Welcome Policy/Parks & Recreation</i> 12:30 PM - 3:30 PM</p>	<p>11 Four Villages CHC 3446 Dundas St West <i>Toddler Behaviour</i> 9:30 AM - 11:30AM or 1:30 PM – 3:30 PM</p> <p>East York 3079 Danforth Road <i>Dietary Management of Common Pregnancy Symptoms</i> 1:00 PM - 2:30 PM</p>	<p>12 St. James Town 200 Wellesley Street East <i>Infant Feeding & Breastfeeding</i> 1:00 PM - 3:00 PM</p> <p>Parkdale Queen West Webinar <i>Discomforts & Pain Management</i> 1:30 PM - 3:30 PM</p> <p>Bathurst/Finch Unison Hub 540 Finch Avenue West <i>Breastfeeding Basics</i> 10:00 AM - 12:00 PM</p>
<p>16 Jane/Finch Mall OEYC 1911 Finch Avenue West <i>CLOSED for Family Day</i> 1:00 PM - 3:00 PM</p>	<p>17 East York Online Webinar <i>Family Benefits</i> 1:00 PM - 2:30 PM</p> <p>Regent Park OEYC 38 Regent Street <i>Gestational Diabetes</i> 12:30 PM - 3:30 PM</p>	<p>18 Four Villages CHC 3446 Dundas St West <i>Nutrition</i> 9:30 AM – 11:30 AM 1:30 PM – 3:30 PM</p> <p>East York 3079 Danforth Road <i>Sexual Health</i> 1:00 PM - 2:30 PM</p>	<p>19 St. James Town In 200 Wellesley Street East <i>Protein</i> 12:30 PM - 2:30 PM</p> <p>Parkdale Queen West Online Webinar <i>Newborn Feeding</i> 1:30 PM - 3:30 PM</p> <p>Bathurst/Finch Unison Hub 540 Finch Avenue west <i>Food Demonstration</i> 10:00 PM - 12:00 PM</p>
<p>23 Jane/Finch Mall OEYC 1911 Finch Avenue West <i>Income Tax</i> 12:30 PM - 3:30 PM</p>	<p>24 East York Online Webinar <i>Prenatal Care</i> 1:00 PM - 2:30 PM</p> <p>Regent Park OEYC <i>Hidden Exposures</i> 12:30 PM - 3:30 PM</p>	<p>25 Four Villages CHC 3446 Dundas St West <i>Welcome Policy/Parks & Rec</i> 9:30 AM – 11:30 AM or 1:30 PM – 3:30 PM</p> <p>East York 3079 Danforth Road <i>Relaxation & Breathing</i> 1:00 PM - 2:30 PM</p>	<p>26 St. James Town 200 Wellesley Street East <i>Positive Parenting</i> 1:00-3:00</p> <p>Parkdale Queen West Webinar <i>Baby's Communication</i> 1:30 PM - 3:30 PM</p> <p>Bathurst/Finch Unison Hub 540 Finch Avenue west <i>Q & A with Nurse</i> 10:00 PM - 12:00 PM</p>

<p>30</p> <p>Jane/Finch Mall OEYC 1911 Finch Avenue West <i>Q & A with Nurse</i> 12:30 PM - 3:30 PM</p>	<p>31</p> <p>Community Services East York Online Webinar <i>Relaxation & Breathing Exercises</i> 1:00 PM - 2:30 PM</p> <p>Regent Park OEYC <i>To be confirmed</i> 12:30 PM - 3:30 PM</p>	<p>ST. STEPHEN'S COMMUNITY HOUSE</p>	
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